



minimum 6 guests - some items require 48 hours notice

## group lunch packages

### soup & sandwiches & sweets **GFRO** \$14 pp

House-made soup du jour  
Assorted gourmet sandwiches (one per person)  
Assorted sweets and cookies (one piece per person)

### salad & sandwiches & sweets **GFRO** \$14 pp

choose from a selection of fresh salads  
Assorted gourmet sandwiches (one per person)  
Assorted sweets and cookies (one piece per person)

### chowder & sandwiches & sweets \$16 pp

our award winning seafood chowder  
w/lobster, scallops, shrimp, haddock, sea trout, clams, bacon)  
Assorted gourmet sandwiches (one per person)  
Assorted sweets and cookies (one piece per person)

### DIY cobb salad \$16 pp

A self-serve buffet of chicken salad (includes free range NS chicken and pecans), chopped romaine and field greens, sliced boiled NS free-range eggs, cucumbers, tomatoes, sliced onion, avocado, pancetta crisps & house-made cracked pepper yogurt dressing. Served with a side of fresh breads and assorted sweets (one piece per person). **GFRO**

### butter chicken **(GF)** \$17.50

A classic dish made with free range chicken and our own carefully blended spices. Served with Basmati Rice Pilaf a side salad and sweets and cookies (one piece per person)  
Add warm naan bread \$1.25 per person

### turkey meatballs **(GF)** \$17.50

free range Valley turkey slowly cooked in tomato, pancetta, and white wine sauce. Lisa's favourite dish!  
Served with rice and lentil pilaf, a side salad, sweets and cookies (one piece per person.)

### Thai Green Curry **(GFR, Vegan)** \$16.50

Not too spicy in a coconut sauce with butternut squash, garden peas, tofu, and kale. Kim does curry right! Served with basmati rice, side salad, sweets and cookies (one piece per person)

### macaroni and Cheese **\*\*** \$16.50

Deluxe version of the classic. Served with side salad, sweets and cookies (one piece per person)  
- with Sweet Williams ham \$17.75

### chicken pot pie\*\* \$17.00

NS free-range chicken and seasonal vegetables with a buttermilk biscuit crust. Served with salad and assorted sweets and cookies (one piece per person).

### vegetable pot pie **\*\*** \$16.50

colourful crisp vegetables and white beans with a buttermilk biscuit crust. Served with salad and assorted sweets and cookies (one piece per person).

**\*\* Because of our pan sizes, these items must be ordered in increments of 6**

GFR = gluten free recipe    GFRO = gluten-free recipe option available-please ask  
V= vegan    VO= vegan option available ask

*We use nuts and wheat flours in our kitchen.*

Menu subject to seasonal & market availability. Prices are subject to change without notice

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