



minimum 6 guests - some items require 48 hours notice

## group lunch packages

### **soup & sandwiches & sweets** GFRO \$14 pp

House-made soup du jour  
Assorted gourmet sandwiches (*one per person*)  
Assorted sweets and cookies (*one piece per person*)

### **salad & sandwiches & sweets** GFRO \$14 pp

choose from a selection of fresh salads  
Assorted gourmet sandwiches (*one per person*)  
Assorted sweets and cookies (*one piece per person*)

### **chowder & sandwiches & sweets** \$16 pp

our award winning seafood chowder  
w/lobster, scallops, shrimp, haddock, sea trout,  
clams, bacon)  
Assorted gourmet sandwiches (*one per person*)  
Assorted sweets and cookies (*one piece per person*)

### **DIY cobb salad** \$16 pp

A self-serve buffet of chicken salad (includes  
free range NS chicken and pecans), chopped  
romaine and field greens, sliced boiled NS free-  
range eggs, cucumbers, tomatoes, sliced onion,  
avocado, pancetta crisps & house-made cracked  
pepper yogurt dressing. Served with a side of  
fresh breads and assorted sweets (*one piece per  
person*). GFRO

### **chicken pot pie\*\*** \$17.00

NS free-range chicken and seasonal vegetables  
with a buttermilk biscuit crust. Served with salad and  
assorted sweets and cookies (*one piece per person*).

### **Vegetable pot pie \*\*** \$16.50

colourful crisp vegetables and white beans  
with a buttermilk biscuit crust. Served with salad and  
assorted sweets and cookies (*one piece per person*).

**\*\* Because of our pan sizes, these items must be ordered  
in increments of 6**

GFR = gluten free recipe    GFRO = gluten-free recipe option available-please ask  
V= vegan    VO= vegan option available ask

***We use nuts and wheat flours in our kitchen.***

*Menu subject to seasonal & market availability. Prices are subject to change without notice*

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